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D. Balasa,
Al. Tunas,
V. Stan,
T. Adam



Management of nontraumatic intracranial haemorrhage (subdural hematoma) in immune thrombocytopenia. Case report

D. Balasa¹, Al. Tunas¹, V. Stan¹, T. Adam²

¹ Department of Neurosurgery, Clinical Emergency Hospital Constanta, ROMANIA

² Department of Haematology, Clinical Emergency Hospital Constanta, ROMANIA

ABSTRACT

Intracranial haemorrhage is a devastating complication of immune thrombocytopenic purpura [1]. The occurrence of a spontaneous subdural hematoma in immune thrombocytopenia (ITP) is rare [2], affecting 1% or less of patients [3]. In ITP contrary to traumatic SDH the brain parenchyma is well preserved [3]. We present the case of a patient with immune thrombocytopenia, subdural haemorrhage and asymptomatic parietal parasagittal meningioma. Neurological parameters were closely monitored, including the level of consciousness, pupillary size, motor or sensorial deficit. He was managed successfully medically (platelet-rich plasma and steroids) and then surgically (craniotomy, subdural hematoma aspiration).

INTRODUCTION

We present the case of a patient with immune thrombocytopenia intracerebral hemorrhage and parietal parasagittal meningioma.

CASE REPORT

We present the case of a patient who suffered a head trauma in uncleared conditions. He acuse mild left hemiparesis (ASIA 4/5), intense headache VAS 8/10, vomiting and dizziness, from 3 days. Few purpuric spots were noted on all the four members.

Medical datas revealed chronic ITP, without continuous treatment Hemoglobine: 14,20 g/dl, TLC 4000/cm³. Coagulation tests were normal.

Clinical exam revealed mild hemiparesis (ASIA 4/5), osteotendinous reflexes diminished on the left side, Babinsky on the left side, purpuric lesions on all the four members. Glasgow scale 15.

CT scan of the head revealed hyperdensity in the subdural space in the temporo parieto occipital region on the right side, and in the subdural area in right posterior part of the sagittal sinus, left parasagittal meningioma.

Keywords

hematoma, subdural, subarachnoid haemorrhage, idiopathic thrombocytopenic purpura



Corresponding author:
Balasa Daniel

Department of Neurosurgery,
Clinical Emergency Hospital
Constanta, Romania

balasadaniel100@yahoo.com

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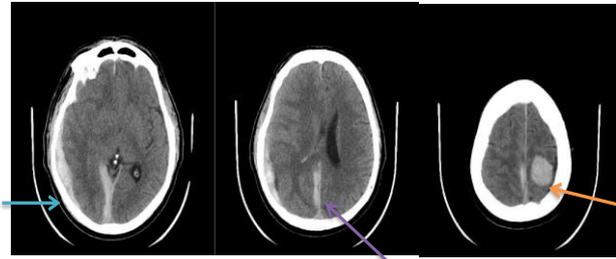


Figure 1. Temporoparietooccipital acute subdural hematoma (blue arrow). Acute subdural interhemispheric (falx cerebri) (Pink arrow). Parietal parasagittal meningioma (orange arrow).

The patient was treated with Dexametazone 40 mg/day and platelet transfusion.

After 4 days her platelet count rose to 130000/mm³ who allowed surgical intervention. Clinical status was stationary: intense headache (VAS 7/10), left hemiparesis (ASIA 4/5), vomiting 1-2/day, GCS 15.

The patient was operated (frontotemporoparietooccipital craniotomy, complete evacuation of the subdural hematoma).



Figure 2. Complete evacuation of the subdural hematoma

Clinical postoperative evolution was very good with healing of hemiparesis, of headache, vomiting and dizziness. Persisted only slight left pyramidal syndrome.

DISCUSSION

Essential thrombocytopenia is revealed by constant diminution of the platelets without any cause. (Denis, Hayem, Frank.) ITP was first described by Werlhofin

1735⁴ as an acquired disorder which leads to immune mediated destruction of platelets characterised by low platelet count and normal coagulation studies⁴. Intracranial hemorrhage is a devastating complication of ITP^{1,4}. The occurrence of a spontaneous subdural hematoma in immune thrombocytopenia (ITP) is rare², affecting 1-2% or less of patients^{3,4,5}. The clinical features are mainly headache, hemiparesis, signs of raised intracranial tension, altered consciousness⁴. Usually, subdural hematoma occurs, when associated with ITP around the top and side of the frontal and parietal lobes, in the posterior cranial fossa, near the falx cerebri and tentorium cerebelli⁴

CONCLUSIONS

- Medical treatment enabled us to achieve an adequate hemostasis which was essential to be able to perform surgery in proper time.
- Combination between medical treatment of immune thrombocytopenia and surgical treatment of acute subdural hematoma was mandatory for a good clinical and neurological evolution.

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