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Brodalumab Provides Rapid Onset of Therapeutic Response for Patients With Moderate-to-Severe Psoriasis

OBJECTIVE

- To characterize the time to response of brodalumab by directly comparing brodalumab with ustekinumab or placebo in clinical studies and by indirectly comparing brodalumab with other psoriasis biologics

CONCLUSIONS

- Onset of response was more rapid than other psoriasis biologics in direct and indirect comparisons
- Brodalumab provides a safe and effective treatment option, with rapid onset of symptom relief and improvements in quality of life, for adult patients with moderate-to-severe psoriasis

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SYNOPSIS

- Several factors should be considered when selecting the most appropriate treatment of moderate-to-severe psoriasis, including drug effectiveness, potential adverse events, and time to response¹
- The human anti-interleukin-17 receptor A monoclonal antibody brodalumab has been shown to be safe and effective for moderate-to-severe psoriasis in adults and improves clinical outcomes more rapidly than other psoriasis biologics²

METHODS

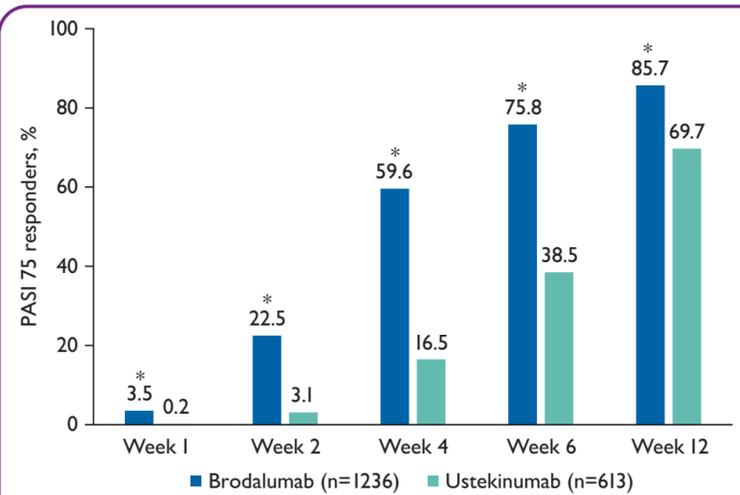
- This post hoc analysis directly compares time to response of brodalumab vs ustekinumab or placebo in three phase 3 studies (AMAGINE-1/-2/-3), measured by the following:
 - Psoriasis area and severity index (PASI) responses from baseline (AMAGINE-2/-3)³
 - Psoriasis symptom improvement, assessed with the psoriasis symptom inventory (PSI; AMAGINE-2/-3); for the PSI, patients rank the severity of 8 symptoms (itch, redness, scaling, burning, cracking, stinging, flaking, and pain) on a 5-point scale ranging from 0 (not at all) to 4 (very severe), and individual item scores are combined for a total score ranging from 0 to 32⁴
 - Changes in patient-reported quality of life, assessed with the dermatology life quality index (DLQI; AMAGINE-1/-2/-3)⁵
- Time to onset of therapeutic response of brodalumab is also indirectly compared with that of other psoriasis biologics⁶

RESULTS

Clinical studies of brodalumab (AMAGINE-1/-2/-3)

- Significant differences in speed of efficacy between brodalumab and ustekinumab were seen as early as week 1, in which 3.5% of brodalumab-treated patients achieved $\geq 75\%$ reduction from baseline in PASI (PASI 75), vs 0.2% of ustekinumab-treated patients ($P < 0.001$; AMAGINE-2/-3; Figure 1)³
 - Median times to achieve PASI 25, PASI 50, or PASI 75 (Table 1) and median times for 50% of patients to achieve PASI 75, PASI 90, or PASI 100 were significantly shorter with brodalumab vs ustekinumab ($P < 0.001$ for all analyses)^{3,7}

Figure 1. PASI 75 responders through week 12 among patients treated with brodalumab or ustekinumab in AMAGINE-2/-3.³



PASI 75, $\geq 75\%$ reduction from baseline in psoriasis area and severity index. * $P < 0.001$.

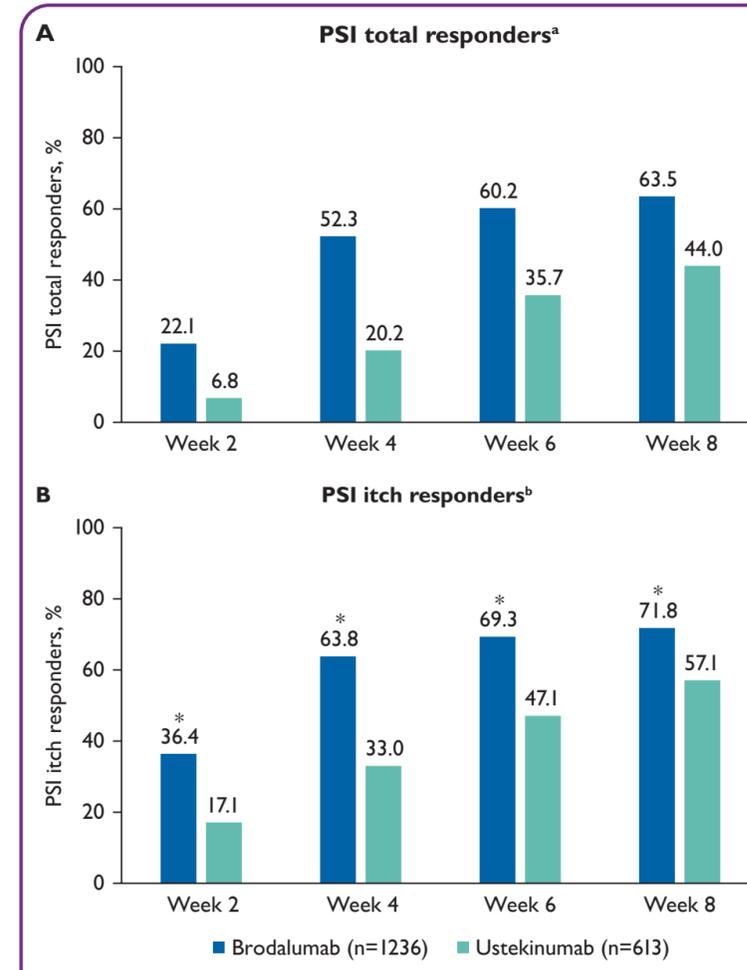
Table 1. Median Times to Achieve Therapeutic Response (AMAGINE-2/-3)

Median time, weeks	Brodalumab (n=1236)	Ustekinumab (n=613)	P value
Time to achieve PASI 75	4.2	9.4	<0.0001
Time to achieve PASI 50	1.8	4.5	<0.0001
Time to achieve PASI 25	0.8	1.8	<0.0001

PASI 25, 50, and 75, $\geq 25\%$, $\geq 50\%$, or $\geq 75\%$ reduction from baseline in psoriasis area and severity index.

- Brodalumab treatment was associated with greater proportions of PSI total responders (defined as weekly average PSI total score ≤ 8 , with no item scores > 1) and PSI itch responders (defined as weekly average PSI itch score ≤ 1 ; $P < 0.0001$) vs ustekinumab, indicating a rapid reduction in patient-reported symptom severity (AMAGINE-2/-3; Figure 2)⁸
 - Additionally, a significantly greater proportion of patients treated with brodalumab vs ustekinumab achieved a PSI total score of 0 at week 12 (22.7% vs 13.4%; $P < 0.001$)⁸

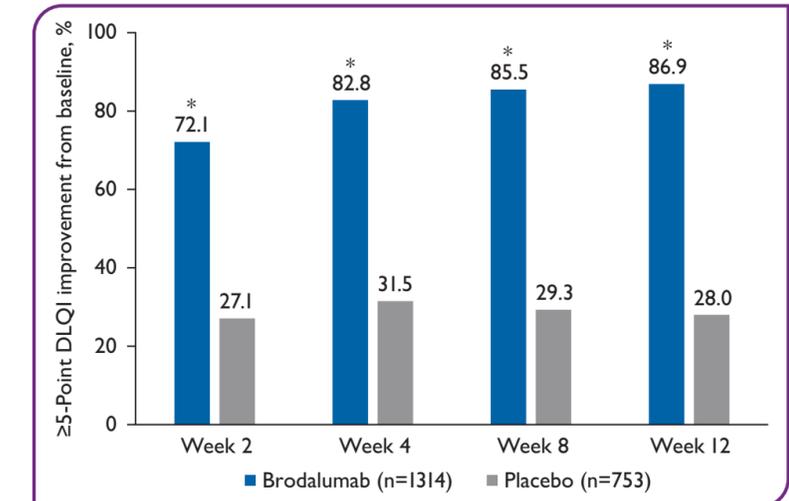
Figure 2. Brodalumab treatment was associated with a faster onset of symptom improvement, assessed via proportion of PSI responders, vs ustekinumab⁸ in AMAGINE-2/-3 for (A) PSI total score and (B) PSI itch score.



PSI, psoriasis symptom inventory. ^aDefined as weekly average PSI total score ≤ 8 , with no item scores > 1 . ^bDefined as weekly average PSI itch score ≤ 1 . * $P < 0.0001$.

- Significant improvements in quality-of-life measures (≥ 5 -point DLQI improvement from baseline) were seen as early as week 2 among patients treated with brodalumab vs placebo ($P < 0.001$; AMAGINE-1/-2/-3; Figure 3)⁹
 - Furthermore, complete skin clearance with brodalumab was associated with greater improvements in DLQI; 60.9% of patients who achieved PASI 100 attained a DLQI score of 0 at week 12, vs 20.5% of patients who achieved PASI 75 to < 90 ⁹

Figure 3. Patients treated with brodalumab experienced rapid improvement in quality of life in AMAGINE-1/-2/-3.



DLQI, dermatology life quality index. * $P < 0.001$.

Indirect comparison of brodalumab and other psoriasis biologics

- In an indirect comparison, brodalumab treatment resulted in faster time to response (mean time for 50% of patients to achieve PASI 90) than other psoriasis biologics, including ixekizumab and secukinumab (6.2 vs 7.4 and 16.3 weeks, respectively; Table 2)⁶

Table 2. Indirect Comparison of Time to Response⁶

Proportion of patients achieving PASI, weighted mean (SD) time, weeks	Brodalumab	Ixekizumab	Secukinumab
Time for 50% to achieve PASI 90	6.2 ^a	7.4 (0.7)	16.3 (6.2)
Time for 25% to achieve PASI 100	6.9 (0.9)	8.1 (1.2)	15.1 (0.4)

PASI 90 and 100, $\geq 90\%$ or 100% reduction from baseline in psoriasis area and severity index. ^aOnly one study cohort.

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